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Where's MY Mummy?

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I asked Daddy

'Where's my Mummy?'

Daddy told me that my Mummy is dead.

I asked my big brother

'Where's my Mummy?'

My big brother cried and told me that my Mummy was dead.

My big brother tells me to 'be tough', but sometimes I see him cry too.



I know

Daddy and my big brother love me.

I know I'm okay.

We say, 'remember when' ... and we talk about Mummy.



Sometimes we laugh too when we talk about the fun stuff we did with Mummy.

Daddy said it's okay to be happy and laugh even though we're sad because Mummy is dead.



What is dead?

Sometimes I sit in Mummy's chair.



Is dead like sleeping?



I miss my Mummy.

*Daddy said we will all miss Mummy
for a very long, long time.*

Sometimes I think Mummy is dead because I was naughty.



Daddy told me 'No!'

Nothing I did made Mummy die.

It wasn't because of me.



Daddy told me that dead was not sleeping.

Is dead like going on holidays?



Daddy said my big brother and me can talk about Mummy all we want to.



Daddy told me when someone we love dies, we hurt way deep down inside and crying helps us to feel better.

Sometimes when I talk about my Mummy, Daddy gets upset.

It's scary when Daddy gets tears in his eyes.

Daddy told me not to be afraid of tears.



He told me that they are 'love' tears.



Daddy said that dead is not like going on holidays

Daddy said that dead means that Mummy's body isn't working any more.

Daddy said remember when we all went to Mummy's funeral and said goodbye to Mummy.



And all Mummy's friends came to say goodbye.

Sometimes when we cuddle Daddy cries.



Sometimes my big brother hugs me and he cries.

Daddy said that happens when we are thinking of Mummy.



*I remember Mummy
She was fun
She liked to ride her bike with
me.*



*Daddy told me that Mummy was in
a special place and we can visit
and say a prayer for my Mummy.*



Daddy said we won't see Mummy any more.

Mummy loved trees.

We planted a special tree for Mummy.



When I am sleeping I dream of my Mummy sometimes.

