

## Help Lines and Crisis Support Counselling

<b>Name</b>	<b>Availability</b>	<b>Operating Hours</b>	<b>Ph. Number</b>
Lifeline Australia	National	24 Hours, 7 Days	13 11 14
Kids Help Line (5-25yrs)	National	24 Hours, 7 Days	1800 55 1800
Mens Line	National	24 Hours, 7 Days	1300 78 99 78
Suicide Call Back Service	National	24 Hours, 7 Days	1300 659 467
Salvation Army Crisis Line	National	24 Hours, 7 Days	1300 36 36 22
Salvation Army Crisis Line	Sydney	24 Hours, 7 Days	(02) 8736 3295
Salvation Army Crisis Line	Brisbane	24 Hours, 7 Days	(07) 3831 9016
Salvation Army Crisis Line	NSW/ACT	24 Hours, 7 Days	1300 36 36 22
Salvation Army Crisis Line	QLD	24 Hours, 7 Days	(07) 3831 9016
SuicideLine	VIC	24 Hours, 7 Days	1300 651 251
Twenty10 (GLBT)	National	9:30AM – 6:00PM M-F	1800 65 2010
Adults Surviving Child Abuse	National	9:00AM – 6:00PM M- F	1300 657 380
Veterans Line	National	24 Hours, 7 Days	1800 011 046
SANE Information Line	National	24 Hours, 7 Days	1800 18 7263
Samaritans Crisis Line	National	24 Hours, 7 Days	1800 198 313